Nurcha

BODY • MIND • EARTH

MENU

100% Plant-Based

Smoothies

Green Machine **$10.95**
Banana, mango, passionfruit, baby spinach, Mt. Beerwah natural spring water.

Refresher **$10.95**
Pineapple, mango, mint, coconut water, baby spinach.

Bananarama **$10.95**
Banana, dates, coconut milk.

Tropical Nights **$10.95**
Mango, pineapple, passionfruit, coconut milk.

Nutty Professor **$10.95**
Banana, peanut butter, dates, Mt. Beerwah natural spring water.

All Good **$10.95**
Mango, bananas, strawberry, orange juice.

Choc Peanut Protein **$12.45**
Banana, peanut butter, raw cacao, protein powder, coconut milk, cacao nibs.

Vanilla Banana Protein **$12.45**
Bananas, protein powder, oat milk.

Strawberry Protein **$12.45**
Strawberries, almond milk, protein powder.

Smoothie Extras

Chia Seeds	**$1.00**	**Peanut Butter**	**$2.00**
Ginger	**$1.50**	**Coyo Yoghurt**	**$2.00**
Spinach	**$1.50**	**Espresso Shot**	**$1.00**
Cacao Nibs	**$2.00**	**Protein**	**$2.90**

KITCHEN CLOSES AT 2:30PM
CAFE CLOSES AT 3:30PM
5% SURCHARGE ON SUNDAYS

Frappes + Iced Drinks

Choc-Hazelnut Frappe **$10.95**
Cacao mix, almond milk, hazelnut syrup, banana, ice, topped with chocolate syrup and vanilla coconut soft serve **ADD Espresso shot +$1.00**

Coffee Frappe **$10.95**
Oat milk blended with maple syrup, 2 espresso shots, ice and topped with vanilla coconut soft serve

Choc-Mint Frappe **$10.95**
Cacao mix, oat milk, peppermint extract, topped with vanilla coconut soft serve.

Iced Latte or Chocolate **S $5.95 L $6.95**
Milk of choice, 2 espresso shots or chocolate over ice

Iced Long Black **S $5.00 L $6.00**

Long Island Iced Black **S $5.95 L $6.95**
2 espresso shots and coconut water over ice.

Specialty Iced Drinks **S $6.95 L $7.95**
Dirty Chai • Energy Brew • Chai • Choc Chai
Hummble Awaken • Matcha • Mocha •
Biscoff Latte • Gingerbread Latte

ADD a Syrup **$0.80c**
Vanilla • Hazelnut • Caramel • Maple

ADD Vanilla Coconut Soft Serve **$3.00**

Shakes

Kids $5.95 • Reg $9.95
Made on oat milk and vanilla coconut soft serve.
Chocolate • Strawberry • Caramel
Banana • Vanilla • Mango • Biscoff

Fresh Juice

Until 3:00pm
$8.95

Create your own from up to 4 of the following
Orange • Watermelon • Pineapple • Apple
Carrot • Beetroot • Spinach • Mint • Ginger

ALLERGIES? *We take great care in preparing all meals, however traces of allergens may be present. Please let our staff know if you have any allergies. Many meals can be modified.*

Acai Bowls

Classic Acai $17.95
Acai, house-made granola, fresh fruit and coconut flakes.

Health Nut $19.95
Acai, house-made granola, Coyo coconut yoghurt, fresh fruit, buckinis, apricot goodness bar and coconut flakes.

Choc Lovers $19.95
Acai, house-made granola, fresh fruit, chocolate brownie, cacao nibs, coconut flakes and chocolate drizzle.

Kids Acai Cup $9.95
Swirl of Acai, banana and strawberry.

Acai Extras

Peanut Butter	**$2.00**
Coyo Coconut Yoghurt	**$2.00**
Extra Fruit	**$3.00**
Extra Granola	**$3.00**

Sundaes

Vanilla Coconut Soft Serve

Plain (no topping) $6.55
Chocolate, Strawberry or Caramel $6.95

Coconut & Acai Blend Cup $7.55

Kids Menu

8:00am-2:30pm

All kids meals come with juice box of choice.

Kids Smashed Avocado $11.95
Toasted farmhouse sourdough, smashed avocado and almond feta.

Kids Pancakes $13.95
Two wholemeal pancakes, ice cream and maple syrup.

Kids Cheeseburger $14.95
Plant-based burger patty with melted cheese, aioli and tomato sauce on a toasted bun with a side of wedges.
GLUTEN FREE BUN AVAILABLE +$2.50

All Day Breakfast

8:00am-2:30pm

Smashed Avocado $21.95
Smashed avocado on toasted farmhouse sourdough with house-made almond feta, caramelised onions, rocket, sunflower dukkha and a side of tomato relish.
GLUTEN FREE TOAST AVAILABLE +$2.00

Breakfast Burrito $21.95
Tofu scramble, salsa, spinach, nacho beans and basmati rice in a grilled tortilla, served with chipotle aioli and a side of smashed avocado.

Loaded Breaky Croissant NEW! $22.95
Facon, scrambled tofu, spinach and hollandaise on a toasted croissant with a side of tomato relish

Wholemeal Pancakes $22.95
Three wholemeal pancakes with blueberry chia jam and macadamia quinoa granola. Served with a side of maple syrup and a scoop of vanilla ice-cream.

Rosti Benny $23.95
Two house-made rosti, smashed avocado, rocket, roasted mushrooms, baked tomato, pickled onions, hollandaise sauce and sunflower dukkha.

Nourish Breakfast $24.95
Toasted farmhouse sourdough, smashed avocado, house-made rosti, roasted mushrooms, baked tomato, tofu scramble, and a side of tomato relish.
GLUTEN FREE TOAST AVAILABLE +$2.00

Burgers

8:00am-2:30pm

GLUTEN FREE BUN AVAILABLE +$2.50

Classic Cheeseburger $23.95
Plant-based burger patty, melted cheese, BBQ sauce, caramelised onions, mixed leaves, fresh tomato, pickled cucumbers and aioli on a toasted bun. Served with wedges & aioli.

Satay Burger $23.95
Smoked tofu, satay sauce, smashed avocado, fresh tomato, mixed leaves, bean sprouts and fresh herbs on a toasted bun. Served with wedges and aioli.

Chyken Chipotle Burger NEW! $23.95
Chyken schnitzel, smashed avocado, mixed leaves, red onion, rainbow slaw and chipotle aioli on a toasted bun. Served with wedges and aioli.

= Gluten Free = Nut Free = Contains Chilli

All Day Lunch

8:00am-2:30pm

Harvest Roll — **$13.95**
A mix of potato, corn, peas, mozzarella & herbs rolled in puff pastry, served with tomato relish.

Nurcha's Seasoned Wedges — **$13.95**
Hand cut, twice baked, served with aioli and chilli jam.

Cheese Tomato Toastie — **$14.95**
Tomato, red onion, mozzarella, sliced cheddar and aioli on toasted farmhouse sourdough. *GF TOAST AVAILABLE +$2.00*
ADD A SIDE OF WEDGES & AIOLI + $7.95

Clean Green Salad — **$21.95**
Kale, rocket, walnuts, cranberries, and broccoli tossed with basil cashew pesto, topped with pickled onions, smashed avocado, sunflower dukkha and a side of chilli jam. ***With your choice of house-made rosti, smoked tofu or field mushroom***

Satay Noodle Salad — **$21.95**
Rice noodles with rainbow slaw, rocket, satay sauce, topped with smoked tofu, bean sprouts, fresh herbs, sesame seeds and pickled chillies.

Coconut Red Lentil Dahl — **$21.95**
Served with basmati rice, spinach, mango chilli chutney, sour cream, bean sprouts, fresh herbs, sesame seeds, pickled chillies and grilled roti bread.
GLUTEN-FREE OPTION: REMOVE CHUTNEY & BREAD
GLUTEN FREE TOAST AVAILABLE +$2.00

Thai Yellow Curry — **$22.95**
Stir-fried vegetables and tofu in Nurcha's Thai Yellow Curry sauce, basmati rice, bean sprouts, fresh herbs, sesame seeds and pickled chillies. *ADD ROTI BREAD +$2.00*

Fable Tacos — **2 - $18.95 / 3 - $22.95**
Warmed soft tortillas, filled with Fable mushroom meat smashed avocado, rocket, rainbow slaw, chipotle aioli, topped with pickled onions, fresh herbs and pickled chillies.
GLUTEN FREE TACOS AVAILABLE +$2.50

Nacho Bowl — **$21.95**
Nacho beans, basmati rice, spinach, tofu scramble, rainbow slaw, smashed avocado, corn chips, salsa and sour cream.

Nachos — **$23.95**
Toasted corn chips topped with nacho beans, chilli jam, almond cheese, rainbow slaw, smashed avocado, fresh salsa and sour cream.

Nurcha Plate — **$23.95**
Mixed roast vegetables, smoked tofu, citrus side salad, pickled onions, pickled cucumbers, smashed avocado, a side of grilled bread. *GLUTEN FREE TOAST AVAILABLE +$2.00*

Fable Souvlaki NEW! — **$23.95**
Fable mushroom meat with smashed avocado, fresh tomato, red onion, mixed leaves, sweet chilli sauce and aioli in a warm souvlaki wrap. Served with wedges & aioli.

Pizza

GLUTEN FREE BASE +$4

Cheesy Garlic — **$18.95**
Garlic parsley butter with almond cheese and mozzarella on a baked pizza base.

Fable Cheesy Garlic NEW! — **$22.95**
Garlic parsley butter and Fable mushroom meat with almond cheese and mozzarella on a baked pizza base.

Peace Lovers — **$22.95**
Pizza sauce, mixed roast vegetables, spinach, sundried tomatoes, black olives, and almond cheese topped with fresh rocket and basil cashew pesto on a baked pizza base.

Build your own

Build a plate from our selection of sides and sauces below.

Sides + Sauces

Blueberry Jam	$2
Peanut Butter	$2
Sauces *[Aioli, Chilli Jam Hollandaise, Pesto, Tomato Relish]*	$2
Pickled Onions	$2
Almond Feta	$4
Roti (1 pc)	$3
Smashed Avocado	$4
Smoked Tofu	$4
Nacho Beans	$6
Potato Rosti	$4
Field Mushrooms	$4
Scrambled Tofu	$5
Fable Mushroom Meat	$6
Steamed Rice	$4
Sourdough Toast (2 pcs)	$6
Gluten-Free Toast (2 pcs)	$6
Side of Wedges	$7.95

Served with aioli.

Side Salad — **$8.95**
Mixed leaves and rainbow slaw with a sweet citrus dressing, pickled onions and micro herbs.

Coffee

Signature		**Lg $5.00**
Flat white on oat milk with a dash of maple		
Flat White	**Sml $6.00**	**Lg $6.50**
Cappucchino	**Sml $6.00**	**Lg $6.50**
Latte	**Sml $6.00**	**Lg $6.50**
Espresso	**Sgl $4.50**	**Dbl $5.00**
Macchiato	**Sgl $4.50**	**Dbl $5.00**
Long Black	**Sml $4.50**	**Lg $5.00**
Piccolo	**Sml $4.50**	**Lg $5.00**
Babychino w/ marshmallow		**$3.00**
Affogato		**$7.95**
1 or 2 Espresso shots over a scoop of vanilla ice-cream.		

Milk Choices

Oat
Bonsoy
Activated Almond
Almond
Organic Coconut
Macadamia
Tiger Milk

Coffee Extras

Espresso Shot $1.00

Sweetener: Maple

Syrups .80c
Vanilla • Hazelnut
Caramel

Specialty Lattes

Sml $6.95 • Lg $7.95

Mocha
Dirty Chai
Masala Spiced Chai
Organic Ceremonial Grade Matcha
Golden Turmeric Latte
Biscoff Latte Biscoff & coffee

Gingerbread Latte
Aromatic blend of ginger, spices, maple and coffee.

Organic Energy Brew
Yerba Mate, guarana, raw cacao and maca root.

Choc Chai
Organic cacao powder, coconut sugar and chai spices.

Hot Chocolate
A blend of organic cacao powder and coconut sugar.

***Hummble* Awaken**
Lifting blend of activated maca, astragalus, cordyceps, turkey tail and masala spices with Peruvian sourced cacao.

MT BEERWAH NATURAL SPRING WATER

Our coffee & ice machines all utilise Mt. Beerwah natural spring water - ensuring **all your drinks are made with one of the purest waters on the planet!**

Teas

Pot of Tea $5.50

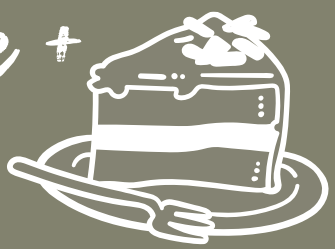
"I need a moment" by Little Wildling Co.
Chamomile, passionflower, lavender, hyssops, valerian.

"I am a Goddess" by Little Wildling Co.
Calendula, nettle, dandelion, burdock, liquorice root, lemon myrtle, red clover, St. Mary's thistle, stevia leaf.

- **English Breakfast**
- **Earl Grey**
- **Lemon & Ginger**
- **Green Tea**
- **Jasmine, Green Tea, Mint & Rose**
- **Peppermint, Lemon Myrtle & Lavender**

Masala Chai Tea $6.95

Coffee + Cake



A match made in heaven!
Choose from our range of gluten-free, dairy-free and egg-free cakes & slices.
Refined sugar-free options also available.

Excludes banana bread & croissants

Sml coffee $11.95 Lrg coffee $12.45